

The high cost of malnutrition



Hospital

1 in 3 adult patients are malnourished.

Malnourished patients:

- Stay longer
- Are more likely to be readmitted
- Cost 2-3 times more to treat

Aged care

Nearly 1 in 2 residents are malnourished.

Malnourished residents:

- Are more dependent
- Are twice as likely to develop a pressure injury
- Have a 3-6 fold greater risk of mortality



Community

Up to 4 in 10 older adults are malnourished or at risk of malnutrition.

Malnourished means:

- Poorer function and quality of life
- More hospital admissions
- More falls and fractures
- Slower wound healing
- Higher risk of institutionalization

Preventing malnutrition

✓ Improves quality of life

✓ Improves recovery

✓ Reduces health care costs

✓ Saves lives

Malnutrition is everybody's business

#MalnutritionWeekANZ

