

A high energy, higher protein*, nutritionally complete formula, scientifically designed for individuals with Chronic Kidney Disease (CKD) on dialysis.^{1,2}

FEATURES

Nutritionally complete: Can be used as a supplemental or sole source of nutrition but has decreased levels of potassium compared to standard feeds.^{1,2}

High energy: 1.8 kcal/mL (401 kcal/220 mL bottle) to help individuals on fluid or volume restriction meet their increased energy needs.^{1,2}

Higher protein*: 8.1 g protein/100mL (17.8 g/220 mL bottle) to help replace protein lost during dialysis.^{1,2}

Fibre: 2.8 g fibre/220 mL bottle (6.3 g/500 mL) to support normal bowel function and good gut health.¹

Prebiotic fibre (FOS*): To help manage uraemic toxins in individuals with dysbiosis.³

Healthy fat blend: Monounsaturated and plant-based omega-3 fatty acids to support a healthy heart.¹

Low in electrolytes (sodium, potassium and phosphorus): To help maintain electrolyte balance and compliance with dietary restrictions.^{1,4}

Low Glycaemic Index = 35:⁵ Contains a slow release carbohydrate blend to help manage blood glucose levels.

Two great flavours: Vanilla (220 mL and 500 mL) and Strawberry (220 mL only).^{1,2}

Two different volumes: 220 mL ready-to-drink (RTD) and 500 mL ready-to-hang (RTH).^{1,2}



*Compared with Nepro LP; *FOS: fructo-oligosaccharides.

INDICATIONS

For the nutritional management of individuals with CKD on dialysis.

PRECAUTIONS

This product is a Food for Special Medical Purposes. Use only under medical supervision.

- Not intended for use in children unless recommended by a physician or other qualified health care professional
- Not for use in galactosaemia
- Not for parenteral use

DIRECTIONS FOR USE AND STORAGE

Nepro HP 220 mL RTD and 500 mL RTH are ready to use. Shake well, and open immediately prior to use. Once opened, cover and place in a refrigerator, discarding unused feed after 24 hours. Store unopened at room temperature.^{1,2}

Nepro HP 220 mL RTD: Best served chilled and can be served in a glass or consumed straight from the bottle.¹

Nepro HP 500 mL RTH: For oral use or tube feeding. *Oral feeding:* May be fed at room temperature or chilled. *Tube feeding:* The flow rate and volume are dependent on the patient's condition and tolerance. Pump feed at room temperature with an 8 Fr or larger tube. Additional fluid requirements should be met by giving water. Care should be taken to avoid contamination of this product during preparation and administration.²

INGREDIENTS AND ALLERGEN INFORMATION

Water, maltodextrin, VEGETABLE OIL (high oleic sunflower oil, canola oil), CASEINATES (**milk**) (calcium caseinate, magnesium caseinate, sodium caseinate (**milk**)), milk protein isolate (**milk**), sucrose, glycerine, fructo-oligosaccharides (FOS), MINERALS (potassium citrate, sodium citrate, sodium chloride, calcium citrate, magnesium sulphate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, potassium iodide, chromium chloride, sodium molybdate, sodium selenate), emulsifier (322) (**soy**), flavouring, choline chloride, stabiliser (460), L-carnitine, VITAMINS (ascorbic acid, niacinamide, calcium pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, Vitamin E, Vitamin A palmitate, folic acid, biotin, phyloquinone, Vitamin D3, cyanocobalamin), taurine, stabiliser (466).

May contain: magnesium phosphate dibasic. **Contains milk and soy.**

Please note: Ingredients and allergen information listed are for Nepro HP 220 mL and 500 mL – Vanilla flavour. Vanilla and Strawberry flavours have slightly different ingredients.

NUTRITIONAL INFORMATION – NEPRO HP VANILLA 220 ML AND 500 ML

| NUTRITIONAL INFORMATION | | | | | MINERALS | | | | |
|-----------------------------|-------|--------------------|--------------------|--------------------|-------------------|-------|--------------------|--------------------|--------------------|
| | Units | Average per 100 mL | Average per 220 mL | Average per 500 mL | | Units | Average per 100 mL | Average per 220 mL | Average per 500 mL |
| Energy | kcal | 182 | 401 | 911 | Sodium | mg | 70 | 154 | 350 |
| | kJ | 761 | 1675 | 3806 | Potassium | mg | 106 | 233 | 530 |
| Protein | g | 8.10 | 17.82 | 40.50 | Chloride | mg | 84 | 185 | 420 |
| Fat | g | 9.77 | 21.49 | 48.85 | Calcium | mg | 106 | 233 | 530 |
| Saturated | g | 0.73 | 1.6 | 3.7 | Phosphorus | mg | 72 | 158 | 360 |
| Linolenic acid | mg | 230 | 506 | 1150 | Magnesium | mg | 21 | 46 | 105 |
| Linoleic acid | g | 1.1 | 2.4 | 5.5 | Iron | mg | 1.9 | 4.2 | 9.5 |
| Carbohydrate | g | 14.74 | 32.43 | 73.70 | Zinc | mg | 1.9 | 4.2 | 9.5 |
| Polyols | g | 1.10 | 2.4 | 5.5 | Manganese | mg | 0.21 | 0.46 | 1.1 |
| Sugars | g | 3.20 | 7.0 | 16 | Copper | mcg | 210 | 462 | 1050 |
| Dietary fibre, total | g | 1.26 | 2.77 | 6.3 | Iodine | mcg | 16 | 35 | 80 |
| FOS | g | 0.84 | 1.85 | 4.2 | Selenium | mcg | 74 | 16 | 37 |
| Water | g | 73.29 | 161 | 366 | Chromium | mcg | 4.5 | 9.9 | 23 |
| Taurine | mg | 16 | 35 | 80 | Molybdenum | mcg | 8.0 | 18 | 40 |
| Carnitine | mg | 26.5 | 58 | 133 | | | | | |
| Choline | mg | 63.5 | 140 | 318 | | | | | |

| VITAMINS | | | | |
|-------------------------------|---------|--------------------|--------------------|--------------------|
| | Units | Average per 100 mL | Average per 220 mL | Average per 500 mL |
| Vitamin A (palmitate) | mcg RE | 95 | 210 | 477 |
| Vitamin D₃ | mcg | 1.2 | 2.5 | 5.8 |
| Vitamin E | mg α-TE | 3.4 | 7.4 | 17 |
| Vitamin K₁ | mcg | 9.0 | 20 | 45 |
| Vitamin C | mg | 10.5 | 23 | 53 |
| Folic acid | mcg | 60 | 132 | 300 |
| Vitamin B₁ | mg | 0.42 | 0.92 | 2.1 |
| Vitamin B₂ | mg | 0.50 | 1.1 | 2.5 |
| Vitamin B₆ | mg | 0.50 | 1.1 | 2.5 |
| Vitamin B₁₂ | mcg | 0.85 | 1.9 | 4.3 |
| Niacin | mg NE | 3.4 | 7.5 | 17 |
| Pantothenic acid | mg | 1.6 | 3.5 | 8.0 |
| Biotin | mcg | 9.0 | 20 | 45 |

FOR FURTHER INFORMATION

Australia Customer Service: 1800 225 311
 New Zealand Customer Service: 0800 737 115

Ordering

DHL Customer Service (Aus) 1800 077 421 (select option 1)
 Email d2mcs@dhl.com
 HCL Customer Service (NZ) 0800 737 234
 DHL product code: 2189921, 2189938, 2241895

Abbott HENS (Australia)

Direct line 1800 077 421
 Home patient registration site www.abbotthens.com
 Email d2mpcs@dhl.com
 Abbott product code: S551.119, S552.119, S551.15001

α-TE: α-tocopherol equivalents; CKD: Chronic Kidney Disease; FOS: fructo-oligosaccharides; HP: higher protein; LP: lower protein; NE: niacin equivalents; RE: retinol equivalents; RTD: ready-to-drink; RTH: ready-to-hang.

References: 1. Nepro HP RTD 220 mL (Vanilla) Product Label. 2. Nepro HP RTH 500 mL (Vanilla) Product Label. 3. Schepers E *et al.* *Blood Purif* 2010;29:130-136. 4. Ash S *et al.* *Nutr Diet* 2006;63(s2):S33-S45. 5. Glycemic Research Report #1308 (Nepro HP and Nepro LP powder and liquid). Glycemic Index Research Service. University of Sydney, p1-12. January 2013. (Data on File, Abbott Nutrition).

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Abbott Australasia Pty Ltd 299 Macquarie Park NSW 2113. ABN 95 000 180 389. Customer Service 1800 225 311. www.abbottnutrition.com.au. Abbott Laboratories NZ Ltd Ground Floor, Bldg. D, 4 Pacific Rise, Mount Wellington Auckland 1640. Customer Service 0800 737 115. www.abbottnutrition.co.nz. June 2021. ABAU5513. ANZ.2021.15570.NEP.1