



Malnutrition is highly prevalent in hospitals, aged-care facilities, and community settings. It leads to poor health outcomes, increases a person's length of stay in hospital and impacts one's quality of life. In this Podcast, we explore what is currently being done and how we can move forward in our future practice.

This episode is supported by



Multiple Choice Quiz:

1. What is prevalence of malnutrition in acute care hospitals in Australia and New Zealand?
 - A. 10-15%
 - B. 20-25%
 - C. 30-35%
 - D. 40-45%
2. What is prevalence of malnutrition in aged cared facilities in Australia and New Zealand?
 - A. Up to 30%
 - B. Up to 40%
 - C. Up to 50%
 - D. Up to 60%
3. What is prevalence of malnutrition in the community in Australia and New Zealand?
 - A. 5%
 - B. 10%
 - C. 15%
 - D. 20%
4. Does malnutrition screening diagnose malnutrition?
 - A. Yes
 - B. No
5. What tool/s can you use to assess for malnutrition?
 - A. SGA
 - B. PG-SGA
 - C. GLIM criteria
 - D. All of the above
6. What areas can we, as dietitians, improve our practice in malnutrition?
 - A. Work to full scope
 - B. Documentation
 - C. Discharge follow-up
 - D. All of the above
7. What are some examples of effective novel interventions for disease-related malnutrition?
 - A. SIMPLE approach
 - B. Medpass
 - C. High protein and energy menu
 - D. All of the above

Answers

1. *C*
2. *C*
3. *B*
4. *B*
5. *D*
6. *D*
7. *D*