



Get the job you love

How you can stand out from the crowd and land your dream job.

Feeling a bit overwhelmed job hunting? Maybe you're looking for a new job, a higher level position or a promotion? Or maybe you're a new graduate dietitian trying to land your first job as a dietitian? The whole process can be quite daunting in whichever stage of your career, but not to worry, we have you covered!

Here are our top tips to stand out from the crowd and get that job:

1 Start with a stand out resume

Resumes are one of the most important tools to assist you in getting that job. Keep it to 2-4 pages. Outline your **employment history**, focusing on outcomes you achieved and the skills you used. Include your **educational qualifications, awards, and professional memberships**. Include at least **2 referees**, ensuring you have their permission. Use consistent **formatting, check grammar and spelling**. Highlight to employers how are you different from all the other applicants. Don't forget to include your **contact information**.

2 Create a capturing cover letter

Introduce yourself to a prospective employer. Address the letter professionally. Include the position title and reference number if applicable. Briefly summarise your qualifications, skills and experience and highlight how you are unique. Consider stating why you want the position. Close with a call to action and your signature.

Searching for jobs in dietetics

Insecure, unsure, guessing

Confident, in control, landed dream job



3 Respond to selection criteria like a STAR!

Keep it structured, clear and concise by utilising the **STAR** method in your response: **Situation** – what was the background/context of the example? **Task** – what was your role? **Activities** – what did you do and how did you do it? **Results** – what were the outcomes/results? Focus on what you did and use strong language and action verbs!

Congratulations you've landed an interview! What now?

Preparing for the job interview



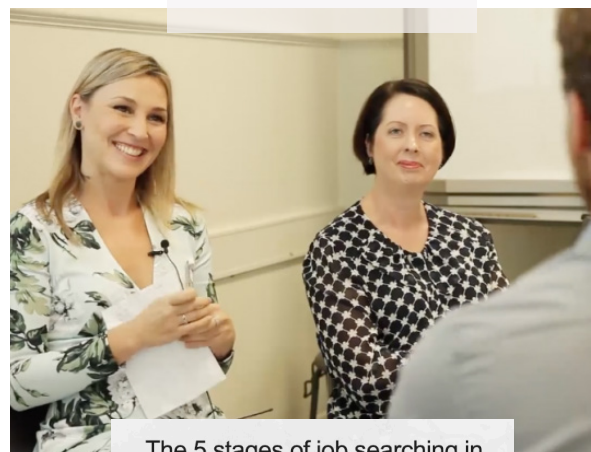
Put your best foot forward in the interview by preparing and practicing – out aloud. Practice for the big day with job-interview quiz cards developed by our DC founder Maree Ferguson who has decades of experience in interviewing. Try calling the contact person for the job and find out any relevant information, this also shows you're interested and makes a great impression! Research the organisation and write down questions you can ask at the end of the interview, prepare your outfit and ensure you look professional. Research the location and organise transport.

How to stand out in the job interview:

- Be punctual
- Shake hands
- Build rapport
- Take the panel on the journey with you and use eye contact
- Maintain good posture and smile with enthusiasm!
- Treat the interview like a conversation rather than a presentation
- Take time to respond to questions and think about your response
- Avoid generic statements and instead, provide examples and focus on outcomes achieved
- Close the interview by asking the panel a few key questions
- Be sure to thank the panel for their time
- After the interview, reflect and look for areas of improvement

What to do if you struggle to land a job?

- Consider volunteering or applying to rural or remote locations
- Expand your network
- Upskill by increasing your knowledge to make yourself more valuable to employers
- Find great mentors and consider positions outside of dietetics
- Get innovative and create your own job
- Seek feedback on applications to make improvements
- Learn more about your personal strengths and weaknesses. Try the [VIA Survey-120](#) to become more self-aware.



The 5 stages of job searching in dietetics

- 1 Enthusiasm: Completing 50 applications

- 2 Hoping my resume and cover letter stand out

- 3 Frustration: zero response and zero interviews

- 4 Feeling insecure and stressed = seeking help from experts

- 5 Feeling in control, ACTIONing advice and landing my dream job!


Apply these tips to stand out from the crowd and land your dream job! **Good luck!**



To learn more tips and tricks to land your dream job – complete the “Get the job you love” course.

“Completing the course with Maree and Rhiannon inspired me to go after the job I really wanted. Their leadership equipped me with the guidance, feedback and confidence to walk out of my interview knowing I’d done the best I could – AND – then I got the job!”

Find more information at
www.dietitianconnection.com/jobcourse