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**Get the job you love | MODULE 5. Interview p1**



ONLINE COURSE

Get the job you love

**MODULE 5. Interview**

# Pre-interview

*Checklist:*

Research the position, department and organisation – summarise your key points   
 Write down some questions to ask the contact person

Call the contact person and make a note of any information they share with you

Do you know anyone else who works there or anyone who knows someone who works there

– reach out to them

Write down some questions you think you might be asked in the interview. And then write down some  
 bullet point responses – practice out aloud in front of a mirror, or in front of others who can provide you  
 with feedback

Question 1:

Question 2:

Question 3:

Question 4:

Practice with a friend/colleague using the [**DC job interview cards**](https://dietitianconnection.com/product/job-interview-cards/)

Outline what you will wear to the interview

Take a trip to the job interview location using whatever means you will do on the interview day

Watch Amy Cuddy power pose Ted talk [**https://www.ted.com/talks/amy\_cuddy\_your\_body\_language\_**](https://www.ted.com/talks/amy_cuddy_your_body_language_shapes_who_you_are?language=en) [**shapes\_who\_you\_are?language=en**](https://www.ted.com/talks/amy_cuddy_your_body_language_shapes_who_you_are?language=en)

Prepare 3 questions you will ask the interview panel at the end of the interview

Question 1:

Question 2:

Question 3:

# Potential job interview questions

*Please take some time to answer the questions below:*

### Q: A more experienced dietitian peer reviews you in clinic with a patient. After the patient leaves, the experienced dietitian states they disagree with your intervention. Explain how you would manage this situation.

**Q: Please describe a time where you have improved a service.**

**Q: Please describe a time when you have demonstrated leadership.**

**Q: Tell me about a time where you had a challenging client and you weren’t sure how to manage the situation, what did you do?**

**Q: Please describe your most rewarding client experience**

**Q: Please describe an example of how you have demonstrated being a team player**

**Q: Can you tell us about a group presentation you have given and what was the outcome**

**Q: Please tell us about a time where you have had to mentor or coach someone else**

**Q: What are some of your strengths and areas for improvement?**

**Q: Tell me how you plan, organise and prioritise your day**

***For more practice questions – purchase our DC job interview cards*** [***https://dietitianconnection.com/product/job-interview-cards/***](https://dietitianconnection.com/product/job-interview-cards/)

# Do’s and Dont’s of Interviewing

**DO’S DONT’S**



## Smile

* **Shake hands with panel members**
* **Maintain eye contact**
* **Build rapport**
* **Be prepared – show that you have done your homework**
* **Answer question sufficiently whilst still being concise**
* **Ask 1-3 questions at end of the interview**
* Arrive late
* Wear revealing clothes
* Ask about salary
* Bring in masses of papers/books
* Shuffle through your notes
* Leave your mobile phone on
* Fidget
* Try to be someone you think the panel wants you to be
* Stretch the truth

**Post-interview**

*Checklist:*

Write down all of the questions as soon as possible after the interview and how you would have responded  
 differently

Send the interview panel an email or thank you card

Two weeks after the interview, call for feedback and be sure to write it all down ready to form some   
 strategies to improve for next time

(Write down your script for the call)