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ONLINE COURSE

Get the job you love

MODULE 5. Interview



Pre-interview

Checklist:

- Research the position, department and organisation – summarise your key points
- Write down some questions to ask the contact person
- Call the contact person and make a note of any information they share with you
- Do you know anyone else who works there or anyone who knows someone who works there – reach out to them
- Write down some questions you think you might be asked in the interview. And then write down some bullet point responses – practice out aloud in front of a mirror, or in front of others who can provide you with feedback

Question 1:

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Question 2:

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Question 3:

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Question 4:

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- Practice with a friend/colleague using the **DC job interview cards**
- Outline what you will wear to the interview
- Take a trip to the job interview location using whatever means you will do on the interview day
- Watch Amy Cuddy power pose Ted talk https://www.ted.com/talks/amy_cuddy_your_body_language_shapes_who_you_are?language=en
- Prepare 3 questions you will ask the interview panel at the end of the interview

Question 1:

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Question 2:

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Question 3:

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Potential job interview questions

Please take some time to answer the questions below:

Q: A more experienced dietitian peer reviews you in clinic with a patient. After the patient leaves, the experienced dietitian states they disagree with your intervention. Explain how you would manage this situation.

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Q: Please describe a time where you have improved a service.

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Q: Please describe a time when you have demonstrated leadership.

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Q: Tell me about a time where you had a challenging client and you weren't sure how to manage the situation, what did you do?

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Q: Please describe your most rewarding client experience

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Q: Please describe an example of how you have demonstrated being a team player

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Q: Can you tell us about a group presentation you have given and what was the outcome

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Q: Please tell us about a time where you have had to mentor or coach someone else

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Q: What are some of your strengths and areas for improvement?

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Q: Tell me how you plan, organise and prioritise your day

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For more practice questions – purchase our DC job interview cards
<https://dietitianconnection.com/product/job-interview-cards/>

Do's and Dont's of Interviewing

DO'S

- Smile
- Shake hands with panel members
- Maintain eye contact
- Build rapport
- Be prepared – show that you have done your homework
- Answer question sufficiently whilst still being concise
- Ask 1-3 questions at end of the interview

DONT'S

- Arrive late
- Wear revealing clothes
- Ask about salary
- Bring in masses of papers/books
- Shuffle through your notes
- Leave your mobile phone on
- Fidget
- Try to be someone you think the panel wants you to be
- Stretch the truth



Post-interview

Checklist:

- Write down all of the questions as soon as possible after the interview and how you would have responded differently
- Send the interview panel an email or thank you card
- Two weeks after the interview, call for feedback and be sure to write it all down ready to form some strategies to improve for next time
[\(Write down your script for the call\)](#)

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